# FORUM



Volume 8 — Issue 11 — November 2020

#### President's Message:

### **Keep moving forward**



November always starts out in a somber way with the changing of the clocks making it dark by dinnertime, and also the solemnity of Remembrance Day memorials. I hope most of you have been able to get flu shots and are beginning to hunker down for the cold days ahead. Now it's time to think of ways to keep up our spirits. I hope to keep walking outdoors daily and to that end have bought flannel-lined pants and traction aids for my new furry boots. Once again, Cliff and I will be taking advantage of games and trivia played on our computers and through Zoom.

Our October speaker, Adam Shoalts, gave us a fascinating presentation based on his recent book, *Beyond the Trees: A Journey Alone Across Canada's Arctic*. The many questions following his talk

demonstrated how interested we all were in learning about his extraordinary adventures. Adam asked us not to record his proprietary talk so members who missed the opportunity and those who want to learn more should think about purchasing the book. I suggest you also check into other accounts that this modern-day explorer has written if you're looking for something to keep you occupied this month. Reading about the hazards of travelling by canoe and surviving alone in the Arctic Circle for three months will certainly make you appreciate the comforts of staying put in your own home!

And a final note: November's general meeting over Zoom will be extremely important for you to attend. At our October meeting, Paul Crawford, chair of the recruitment committee, produced a tentative slate of new management members (while asking that any other nominations be brought forward) and their names are in this Forum. Ron Millichamp announced that our bylaws (with changes highlighted in red) would be sent out in an email blast. At our November meeting, you will learn how we will be holding the vote. Please help our club move forward by joining this meeting.

Stay busy, stay healthy,

— Liz Read

# Management replacements

The management search committee is pleased to present the following slate of candidates to fill the positions coming open.

Secretary - Barb Campbell

Social - Marg Jones

Program - Chris Wallhouse

Vice-President - Diane Comstock

This slate will be voted on at our November meeting assuming that there is the required quorum of members attending.

— Paul Crawford, Past President

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# **ACTIVITIES**

#### **Keep On Moving!**

By Ruth Gagnon, Activities Chair

Hi everyone! Our Eye Spy Scavenger Hunt was another great success with 14 members participating. Check out the article and memorable pictures.

Last month I suggested a Thanksgiving activity that you could do on your own or with your kids, your grandkids, or your bubble. This month I have another activity that you can do on your own or with your kids, your grandkids, or your bubble. Last January a number of us went to Shoeless Joes for a Paint & Cocktails event and dinner. While we can't meet right now, the owner (Gary) is offering free Paint & Cocktails online! These classes are usually held on Fridays at 6:30 pm. You can do them by yourself, or with your family or your bubble! You can get your supplies at Michaels – curbside delivery is available and they often have 30% off coupons or buy one get one 50% off. Follow Gary online at https://www.paintandacocktails.com and you will receive notifications of upcoming painting events. Members will have to follow Paint & Cocktails to be aware of the dates. When doing this activity, you can 'pause' Gary to allow you extra time - if needed - to follow along or maybe to go grab a cocktail!

We will continue to do our contests during our monthly General Meetings. Remember there are always a couple of prizes! The October Halloween winners were Chris & Ellen Wallhouse and Dawn Ross. Each were given a bottle of Red Knot by Shingleback from Australia (2018 Shiraz). November 11th is Remembrance Day so this month's contest will be to see who can come up with the best RED outfit recognizing this important date.

Check out the activity we have coming later this month and one that we are working on for December.

Please note that any activity we plan will adhere to any provincial guidelines and restrictions due to COVID.

#### **NOVEMBER ACTIVITY:**

Car Rally/Scavenger Hunt – Tuesday, November 24th at 1 pm Convenors: Kelly Ground & Ruth Gagnon

This event is being finalized and details like the starting location will be shared in an email blast a few days before the event. Sign up will be required so please email kmground@gmail.com or gagnonruth@gmail.com if you will be participating. Give yourselves a team name – whether you are in one car (your bubble) or a team with two cars doing the route via cell phone chat. We anticipate that the car rally will funish around 4 pm.

#### **DECEMBER ACTIVITY:**

Zoom Personal Fitness Trainer – Wednesday, December 9th at 11 am

Winter is coming and it is important for us to keep moving! Maybe think about a New Year's Resolution! We have been approached by a personal trainer (Eric Daw) who has offered a free 50-minute fitness session focusing on balance, coordination, strength, flexibility and posture. The session will be delivered via Zoom and each participant will be sent the Zoom information a few days prior to the session. Please make sure you register for this activity so the information can be emailed to you! Each participant will need a pair of weights (soup cans could be substituted), a small ball (could be a tennis ball), Theraband or exercise band and a chair. The bands can be purchased in any fitness store, Walmart or Shoppers Drug Mart. Each member will need to participate using a laptop, iPad, desktop computer or smartphone. This is something you can do in the privacy of your own home. Stay safe, stay fit!

Convenor: Ruth Gagnon

# MEETING: NOVEMBER

We will hold our next Zoom General Meeting on Nov. 18<sup>th</sup> at 9:30 am. This meeting will include a guest speaker (see below). You will receive a link to the registration form in an email in early November.

#### An Adventure on the High Seas and the Journey Within



While in their early 50s, Sue, without an adventure-seeking bone in her body, and her husband David, without any real blue water experience, left their three sons, cast off in their 37 foot sailboat from Hamilton Ontario, and headed east; destination the North Atlantic Ocean.

In the space of a year the couple completed two transatlantic crossings and spent a total of 86 days on the high seas.

Sue has written a compelling memoir, *Ready to Come About* (Dundurn Press), of their improbable, often perilous, adventure.

Sue will read from her book and, with David, will present a slide show of their life-altering journey.

A Q&A will follow.

If you need help with the Zoom program, check out our Zoom page at <a href="https://www.escarpmentprobus.com/zoom">https://www.escarpmentprobus.com/zoom</a>. All the information you need to use Zoom is there.

# **Escarpment Photo of the Month**



This month's Escarpment Photo of the Month is a great fall scenic taken at the Mill Pond by Margaret Murphy. Send your photos to david@bosscommnications.com and one will be selected for inclusion each month.

# SOCIAL CLUBS

Club	Date/Time	Convenor	Telephone	Email
Board Games - <i>Bee Gees</i>	2nd Wed 1 pm	Stephen Comstock	905-876-4909	scomstoc@sympatico.ca
Board Games - Jokers	2nd Thurs 1:30 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Board Games - Jokers	4th Wed 1 pm	Auriel Halliday	905-336-2430	aurielh@gmail.com
Book Club - First Edition	2nd Mon 1 pm	Paul Crawford	289-878-4968	paulellencrawford@gmail.com
Book Club - Happy Bookers	4th Thurs 12:30 pm	Judy Wallace	905-878-3374	lollipops@sympatico.ca
Book Club - Ravenous Readers Recycling	3rd Wed Probus meeting	Ellen Crawford	289-878-4968	paulellencrawford@gmail.com
Book Club - Sequel	2nd Wed 10 am	Carolyn Rumley	905-302-0442	carolynrumley@sympatico.ca
Book Club - Trilogy	2nd Wed 10 am	Linda Green	289-851-8655	klgreen@sympatico.ca
Cards - Bid Euchre	3rd Thurs 1:15 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - Bridge	1st Tues 1 pm	Jeanne Reid	289-878-9920	jreid345@cogeco.ca
Cards - Canasta	4th Mon 7 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Cards - Cribbage - Card Sharps	2nd Mon 7 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - Cribbage - Card Sharps	Tues. after the 2nd Mon 1:30 pm	Martin Capper	905-693-0354	martin@martincapper.com
Cards - Euchre	3rd Tues 1 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Classical Music - Mozart and Friends	4th Tues 1:30 pm	Michael Hooker	905-878-8953	mhooker10@bell.net
Club Français	2nd Wed 10 am / 11 am	Anne-Françoise Gibbard	905-854-3781	anne@gibbard.net
Crafts - Knitting - Chicks with Sticks	3rd Thurs 10:30 am	Christine Willekes	905-820-0269	chriswillekes@gmail.com
Crafts - Quilting - Piece Makers	1st Tues 1 pm	Diane Comstock	905-876-4909	meljenscc@sympatico.ca
Dining - Appy Hour	Last Sat 6:30 pm	Mary Cousins	416-628-6275	mlecousins@outlook.com
Dining - Lunch Bunch	3rd Wed noon	Bonnie Lennox	416-899-7727	bblennox@live.ca
Dining - Nosh 'N' Natter	1st Fri 5:30 pm	Gillian Reynolds	905-878-1636	gilliana@cogeco.ca
Dining - Nosh 'N' Natter	2nd Fri 5:30 pm	Gillian Reynolds	905-878-1636	gilliana@cogeco.ca
Dining - Nosh@Nite	4th Fri 5:30 pm	Paul & Ellen Crawford	289-878-4968	paulellencrawford@gmail.com
Dining - Saturday Night Lives	1st Sat 6 pm	Anna Strachan	905-878-0812	annastrachan1945@gmail.com
Dining - Skip the Dishes	3rd Thurs 6 pm	Lorrette Shermet	905-878-1293	lorrette@sympatico.ca
Dining - Supper/Dinner Club	Scheduled by convenor	Auriel Halliday	905-336-2430	aurielh@gmail.com
Friendship Club	4th Wed 10 am	Judy Krauss	289-878-8194	judyckrauss@gmail.com
Movie Club - Oscar Nights	2nd Tues 7 pm	Theresa Spano	416-618-2955	1tspano@gmail.com
Probus Info Exchange - PIE	Online only - no meetings	Cliff Read	905-864-1565	cliff.read@cogeco.ca
Sports - Bowling - 10 Pin	2nd Tues 4 pm	Michelle Tschirhart	416-668-9083	mltschirhart55@gmail.com
Sports - Bowling - 10 Pin	Last Wed 4 pm	Michelle Tschirhart	416-668-9083	mltschirhart55@gmail.com
Sports - Golf - Pin Seekers	TBA	TBA		
Tastings - Beer - Suds and Buds	4th Thurs 7 pm	Pete Shermet	905-878-1293	peteshermet@gmail.com
Tastings - Whisky - D'Stillers	1st Wed 7 pm	Chris Strachan	905-878-0812	strachan.chris1944@yahoo.ca
Tastings - Wine - Grapenuts	1st Mon 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Tastings - Wine - Grapenuts	1st Thurs 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Tastings - Wine - Grapenuts	2nd Wed 7 pm	Jim Tschirhart	647-648-8231	jim.tschirhart@gmail.com
Travel - Annual Trip	Scheduled by convenor	Joanne Millichamp	289-878-2969	jmillichamp@hotmail.com
Travel - Wanderlust	2nd Thurs 7 pm (bi-monthly)	Gloria Pennycook	905-659-7789	gpennycook@icloud.com
Walkers - <i>Trail Walkers</i>	Every Tues 1:30 pm	Ronald Flannagan	905-332-6310	rflannagan@cogeco.ca
New information	Temporary change			

A reminder as we start meeting again in our social clubs: People who aren't strictly following COVID restrictions for wearing masks and staying 2 metres apart from others not in their bubble should be upfront in their interactions with club members, and realize that this will affect willingness of people to meet with them. And those who feel they could be caught in compromising situations must make decisions that are best for them as to whether they feel comfortable attending events. Let's stay safe together!

At PROBUS we want to keep in touch, we are all friends. If you know of anyone who is ill, moving away, lost a loved one, etc., or someone with a new grandchild, great grandchild or special anniversary, please let Lorrette Shermet know and she will gladly send a greeting card (contact lorrette@sympatico.ca or 905-878-1293).

# **RECENT EVENTS**

#### **October Meeting**

Our October Zoom General Meeting was held on October 21<sup>st</sup>. Here's a link to the recording of the meeting portion only. The presentation by our speaker, Adam Shoalts, was not recorded at his request.

https://us02web.zoom.us/rec/share/uVQGPQ\_gpQU9Np\_io2Djgvb2u4Yy8-FjgJbR0kAKXvJcMU8jSNueo\_LnLQegHfy5.vTSnQ3bjXAsAjEI4

Access Passcode: zb0fOT&x

#### **Activities**

#### **Eye Spy Scavenger Hunt!**

by Kelly Ground & Ruth Gagnon

While we had to use our "rain date", great fun was had by all on their "hunt". We had 14 members participate on Friday, October 23<sup>rd</sup> for our Main Street event. All participants were given a Clean Key device to use on ATMs, open doors, and press elevator or street buttons so you don't have to use your fingers. Of course, it was customized for the Escarpment PROBUS group!

We do need to give a shout out to the Capper, Strachan and Zanetta team for the most points achieved. Also, another shout out goes to the Read and Murphy team for the best photos. And honourable mention goes to Ev Zanetta for the best costume (which was definitely not a requirement for this event, but Ev rocked it!). Finally, Lorrette Shermet, Diane Comstock and Anne Taylor, we thought we'd lost you, but you pulled through!



Clean Key Device



"Leaf" me alone!



Between a rock and a hard place!



I'm ready for a beer!



Got it! The church is one foundation!



*I just want to know where Bert went!* 



#### Clubs: Food and Drink

#### October 7th Meeting

by Chris Strachan, Convenor

The D'Stillers had a change of venue for October - we congregated in the back yard of Frank Dawe, our host for the evening.

Frank decided on an Irish theme and supplied six whiskies for our tasting pleasure. They were rated as follows:

The winning whiskey was Bushmills Irish Honey with a score of 76%, an ABV (Alcohol by Volume) of 35% and a cost of \$37 US. This blended whiskey is more of a liqueur than a true whiskey as it has a real sweet taste that everyone seemed to enjoy. According to the website, this product has been discontinued.

Second of the evening was Bushmills Triple Distilled, a blended whiskey with a score of 74%, ABV of 40% and cost of \$40. This whiskey is matured in bourbon and sherry casks and is later married in port wine barrels. This is not available in Canada.





Third was Bushmills Red Bush, also a blended whiskey, with a score of 71% and ABV of 40%, available in the LCBO for \$35.45. Bushmills claims to be the oldest distillery in the world. They were granted a licence to distill in 1608.

Fourth was a tie between John Power Gold Label and Glendalough Double Barrel.

John Power Gold Label is a blended whiskey with a score of 70% and ABV of 40% at a cost of \$70 per litre. Part of the old John Power Distillery is now home to the National College for Art and Design.

Glendalough Double Barrel is a blended whiskey with an ABV of 42% and cost of \$45 at the LCBO. Glendalough is famous for oak trees used in boat building as far back a the time of the Vikings. The largest Viking ship ever built was the Sea Stallion built at Glendalough.

The last whiskey was The Irishman a single malt with a score of 65%, an ABV of 43% and cost of \$90. Although this whiskey has been givengreat reviews, it was not to the palette of the D'Stillers, hence the low score. This whiskey is relatively new as it was launched in 2007 when the revival of Irish whiskey was beginning to take place.

Once again the DDs congregated in the Strachans' backyard where Marg hosted. Thanks for the goodies Marg.

As of this writing, the D'Stillers are still planning to meet for the November 4<sup>th</sup> meeting in Martin Capper's large garage, where we can still follow social distancing rules. The ladies will be in Anna's garage, doors open, heater on. If November works out well we shall try again in December with the same format. The December meeting will be hosted by Bill Willcocks and Kathy Schmidt.

## Clubs: Books, Hobbies, Games

#### Into the Unknown

by Martin Capper, Convenor

October saw us venture into the unknown at our regular cribbage club meet with 15 members trying out cardgames.io/cribbage. We may not have had unanimous support for this over the Facebook version but I sense a solid

majority favoured this one. In that majority I include Diane, whose objection to it resulted from her dislike of losing!

We welcomed back Wayne Heath (aka Wayne 1), Bonnie and Ev. Nine of us also used Zoom for the craic (look it up!). Cardgames certainly has the edge over Facebook as it lets you see who is available for a game, doesn't require you to be on any social media platform and



The screenshot from my iPad shows my statistics and I rush to explain that my loss to Jim C resulted from him leaving me hanging with the only way out to concede the game. I discovered via Zoom that he had already started another game!

So let's have another try with this format in November as a curtain raiser for a tournament in December!!!

I would encourage all our members to have a look at cardgames. On the computer go to www.cardgames.io/cribbage or download the cardgames.io app to a smartphone or tablet. For those who are camera shy, remember you don't need to use Zoom and the only thing you miss out on is the craic (there's that word again!).







#### The Short and Long Game

by Diane Comstock, Correspondent

Five members of the BeeGees had fun playing Farkle using the Zoom platform in October. Lorhel was experiencing connection issues, continually having to leave and re-enter the Zoom meeting. For that reason I guess she decided to get the game over quickly, rolling a double triplet (2500 points) to start the game, a straight (1500 points), and capitalizing twice on Beth's straight rolls, to end the game with 10350 points after only 9 rounds. She opted to leave and four of us played a second game. This one lasted



longer probably due to the 36 farkles (0 points) we rolled. On round 22, Marg upped her score to an even 10000, but Diane was able to expand Barb's 1100 points with a 1 roll to finish the game with a score of 10750.

Our next dice game will be on Tuesday, Nov. 10 at 1 pm. If you would like to join in on the fun, let me know.

#### Mozart at the Movies

by Michael Hooker, Convenor

We were guided in October by Asoka Yapa on a Zoom journey through movie music. Asoka's title for our exploration was "Obscure Movies with Outstanding Music", or: Movies that sank at the box office but had music worth listening to.



Asoka pointed out that if Mozart, Beethoven, and Schubert had lived today, they probably all would be writing music for films, and would be as well known as today's great film composers such as John Williams, Ennio Morricone, and Hans Zimmer. With the ascent of Hitler in the 1930s, several German Jewish classical composers fled to America and established a great reputation as Hollywood composers. One of the best known was Erich Wolfgang Korngold, who composed for many great Hollywood movies in the 40s, 50s and 60s – such as "Captain Blood".

Here are some of the movies: Nanny McPhee, Miller's Crossing, Man from Snowy River, House of Sand and Fog, Serenity, Gothica, Racing Stripes, Silent Running, Captain Blood.

Our other October Zoom musical meeting was a whole opera (short – about 90 minutes), "The Cunning Little Vixen", by the Czech composer Leos Janacek, written around the early 20th century. Unlike some modern operas, this one was NOT an exercise in musical dreariness or racket. It's a country fantasy, as much about the animals as the humans; a combination of dance, singing, and pantomime, with beautiful melodic music. And as well as hearing the music, we watched all the goings-on, courtesy of Zoom video sharing.

#### These sentences actually appeared in church bulletins or were announced at church services:

The Fasting & Prayer Conference includes meals.

The sermon this morning: 'Jesus Walks on the Water. 'The sermon tonight: 'Searching for Jesus.'

Ladies, don't forget the rummage sale. It's a chance to get rid of things not worth keeping around the house. Bring your husbands. Don't let worry kill you off - let the Church help.

Miss Charlene Mason sang 'I will not pass this way again,' giving obvious pleasure to the congregation.

For those of you who have children and don't know it, we have a nursery downstairs.

Next Thursday there will be try-outs for the choir. They need all the help they can get.

Irving Benson and Jess Carter were married October 24 in the church. So ends a friendship that began in their school days.

A bean supper will be held on Tuesday evening in the church hall. Music will follow.

At the evening service, the sermon topic will be 'What Is Hell?' Come early and listen to our choir practice.

Eight new choir robes are needed due to the addition of several new members and the deterioration of some older ones.

Pot-luck supper Sunday at 5:00 PM - prayer and medication to follow.

The ladies of the Church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.

At 7 PM there will be a hymn singing in the park across from the Church. Bring a blanket and come prepared to sin.

Low Self Esteem Support Group will meet Thursday at 7 PM. Please use the back door.

Weight Watchers will meet at 7 PM at the First Presbyterian Church. Please use large double door at the side entrance.

The Associate Minister unveiled the church's new campaign slogan last Sunday: 'I Upped My Pledge - Up Yours.'

— Submitted by Fred Ground

#### **Zoom Paper Piecing**

by Diane Comstock, Convenor

Due to the COVID-19 restrictions, the October Piece Makers meeting was held via the Zoom platform. For show and tell, Carol Ann had completed her Country Roads quilt with matching pillows. Her choice of a soft overall leaf quilting motif sets off the sharp points of the stars beautifully. She also incorporated a flange between the two borders of the quilt. Very nice! Judy is currently working on baby quilts, as she is expecting a new niece/nephew in the near future. This one was made of half-square triangles using up fabrics



from her stash. While doing this quilt, she used a method whereby she could make 8 half-square triangle blocks in one go, thus eliminating multiple cuts and bias sewings. Wendy is working on a black and white table topper for her daughter. This pattern required precise cutting and sewing to matchup the points – Wendy nailed it! Diane showed us a picture of the progress on her grandson's temperature quilt. She has completed 36 of the 54 required blocks, representing the months of January to August. Now the colours will start going back to orange, yellow, green, and blue. Louise was expecting to get her t-shirt quilt back from the long-armer the following day. Stay tuned next month for the reveal.

As requested, Diane gave a demonstration of the paper/foundation piecing technique to be used to create the Ice Crystal challenge. She used an Add-a-quarter ruler to assist in the trimming and a Stitch in the Ditch foot to sew precisely on the lines. We look forward to seeing the various Block 1 results next month – and perhaps Block 2 from those adventurous quilters.









Quilting Terms of the Month:

Motif – A design element used in quilts that can be repeated or used only once.

**Paper Piecing Mantra** – Fold, Trim, Sew, Press.

The November meeting will again be via Zoom on Tuesday, Nov. 3<sup>rd</sup>, at which time, Judy will demonstrate the method she used to make 8 half-square triangle blocks in one go.

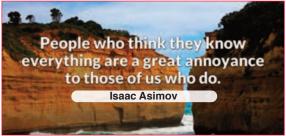
Anyone interested in quilting, consider joining the group.

#### Quotes for every occasion

By Alan Jordan Occasional Correspondent

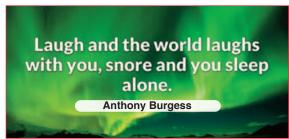
very one loves a good quote. Here is a small selection of smart, clever, thought provoking and silly quotes from some of the most quoted people in the world.





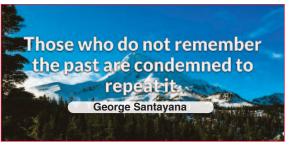








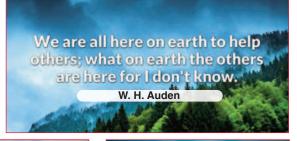
















# MANAGEMENT TEAM



President Liz Read 905-864-1565 elizaread@gmail.com



Vice-President
Wayne Herder
905-864-1424
wayne.herder@sympatico.ca



Past President
Paul Crawford
289-878-4968
paulellencrawford@gmail.com



Treasurer
Ted Chliszczyk
(416) 705-5947
tchlisz@gmail.com



Secretary
Jenny O'Brien
289-851-8477
jenny0103@rogers.com



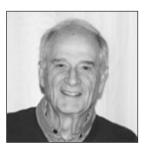
Activities Chair Ruth Gagnon 905-462-4740 gagnonruth@gmail.com



Membership Chair Penny McIlwaine 905-876-1963 pennymcilw@gmail.com



Social Chair Pat Vogt 905-877-2495 pvogt@cogeco.ca



Program Chair
Ron Millichamp
289-878-2969
ronmillichamp@hotmail.com



Forum/Web Editor
David Boss
905-858-3975
david@bosscommunications.com

#### FORUM - THE ESCARPMENT PROBUS CLUB NEWSMAGAZINE

This newsletter is published monthly in PDF format. If you know someone who you feel might be interested in joining the Escarpment PROBUS Club, please forward this publication with our compliments.

#### **FORUM Deadline**

The editor notifies the management team and all convenors of the deadline for articles and pictures for publication for each issue. Stories and articles may be emailed to the editor or submitted to any member of the management team. Escarpment PROBUS Club reserves the right to refuse, edit, or change any copy or image submitted.